

Vol.8	8001	G.P.
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NINE
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.....
The soothing far-off bustle is below as your front door closes with that reassuring click you've known your whole life. It's quiet now.
.....

You feel high above the world yet never disconnected from it, in your own succinctly thought out space where design's only purpose is to put you at the centre of your home. A place where aesthetics, practicality and intuition come together. Effortlessly. Seamlessly.

The time is now to once more live in a thriving neighbourhood you can call your own. An urban environment defined by creativity and energy. You're close to everything here. Because this is home.

A life curated just for you.

Defined by Blok.

Jacques van Embden

Co-founder and Managing Director of Blok



The site of Blok's eighth development, **NINEONS**, gave us the opportunity to push the design contribution of our buildings to the urban fabric of Cape Town to the next level. A rare opportunity to unpack the building envelope and to join form and function to create a special union of lasting architectural significance.

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By angling the building at 45 degrees to the existing site, we have ensured that the mid-day to evening sun from the North West is shared equally between the homeowners and gave us the architectural tools to create a dynamic façade that inspired the vertical fins to act as a spatial divide. The extension of the fins into a visual tool that changes shape as you move around the building truly brings the form to life and allows each person to develop their own relationship with the built space.

The rectangular form of the apartments allows us to continue to develop and explore the innovative spatial requirements of a modern urban home. With a continued focus on dual functionality and Third Spaces, we have designed two bedroom units that recognise and deliver on the need for economically accessible homes in the desirable Atlantic Seaboard. Through this efficiency and duality of space we are working to broaden the range of homeowners of Blok apartments and provide more opportunities to live in a thriving urban suburb.

The common areas in **NINEONS** presented us with the opportunity to blur the line between passage, and entrance. By giving

each unit a courtyard or balcony area adjacent to the passage we are challenging the typical relationship that each apartment has with its neighbours, in a similar role to the famous South African stoep, so evident in vibrant suburbs across the Cape. Again we have designed the highest Northern edge of the building as the common area to ensure that the vibrancy of Green Point can be shared by friends and neighbours. This space is set against the backdrop of the light blue hues of the communal pool or the delicious smells of a family braai.

It's hard to find more to say about the phenomenon of Green Point. The unique spatial and public features are now being supported by the community's growing involvement within the area. The desire of the locals to share, interact and work together for the betterment of their living environment is simply astonishing and something to aspire towards. All of this is supported by the growing modes of transport that support both eco-mobility as well as world-class public facilities.

In building Blok we have recently handed over our first development, **SEVENONT**, also situated in Green Point, and are incred-

ibly exciting to see the meticulous spatial design and planning come to life as homeowners start to make the spaces their own. Work is also well underway at **FOURONC**, the next building handover set for May 2016, whilst our first three new-build projects are all growing every day as we work through the concrete structural work.

Finally, we have always strived to ensure that Blok is for everyone, and with this we are excited to see the growing interaction with both of our recently completed Urban Interventions. The Thornhill Road community park was recently revamped and opened to the public. While the installation of the Park(let) on Regent Road in Sea Point has challenged the existing form of our local High Street edge and simultaneously contributed democratic public space into our urban areas.

NINEONS comes together as a brave architectural contribution to our urban landscape that embodies everything that is Blok. A building of its specific time and place in our story, that we are so excited to share with you.

 @JacquesvEmbden

Marco van Embden

Co-founder and Chairman of Blok



Once again it is my privilege and pleasure to write a few words at the time of launching the latest Blok project, **NINEONS**.

.....

Situated in Green Point, overlooking so much of the natural beauty that has come to define Cape Town, Jacques and the **WAUW** architects have once again pushed the boundaries, both internally and externally. Externally with interesting and creative design elements, and internally to provide the maximum space and lifestyle efficiency for our owners.

The past seven Blok projects have each had their own unique attributes, yet at all times showing utmost respect for the surrounding neighbourhood and the Blok family of owners. Again, the team has done us all proud, see for yourself in the following pages.

SEVENONT, our first project to be handed over, has delighted the individual owners during the process. It was indeed exciting to be present when personal friends took possession of their apartment for their daughter; such a thrill to witness their excitement and happiness.

Building the way the Blok team does, with a high level of expectation and integrity, means the job is not done until all the small things are attended to. It is this attention that I believe will differentiate our company over

time and ensure Blok's strong reputation is maintained. From what I have seen and heard, we have passed our first test, delivering the first project to our family of owners.

The next Blok project to be completed is **FOURONC**, in the heart of Sea Point in Clarens Road, the road where I grew up from a young age. Exciting to see this nearing completion.

It remains for me to thank you, our clients, for your support and the word of mouth endorsement we receive from so many of you.

And thanks to Jacques, the Blok sales and delivery team, the architects, project managers and construction teams for going the extra mile, always.



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NINEONS

"NINEONS posed a beautiful creative challenge for us when designing the building; we needed to take advantage of the amazing views and sunsets for all future residents but also had to maximise privacy from the High

Level Road side considering the liberal use of glass throughout the apartments," says Eric van den Berg of **WAUW**.

The subsequent composition has left a strong vertical aesthetic, resulting in a building that changes shape and character as you move around it. One side can look muted and calm (the High Level Road side), while the view from lower down Scholtz Road is far more open and vibrant.

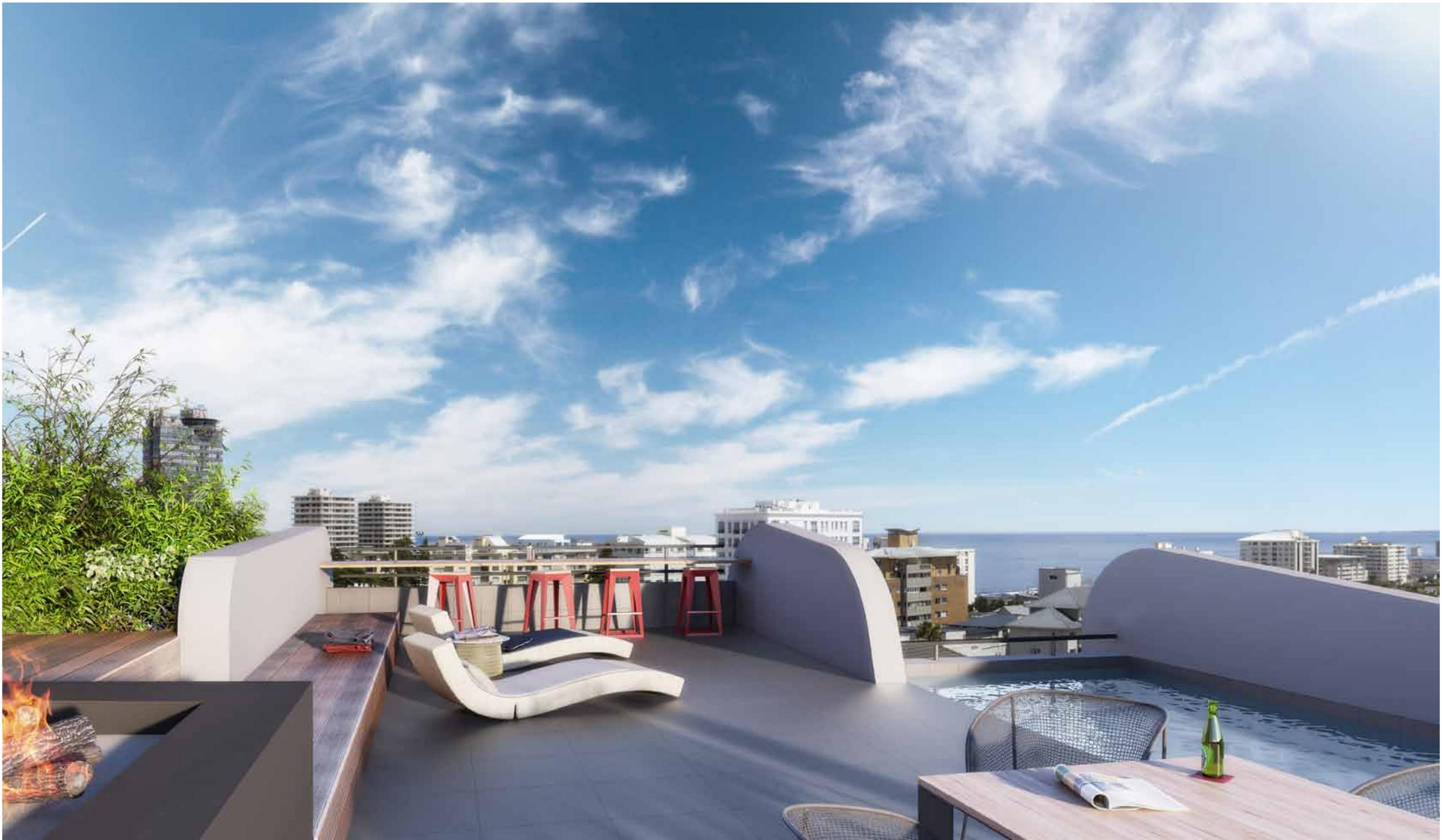
The juxtaposition of the two gives off strong organic, feminine shapes while also presenting a contrasting masculine feel; appealing to all audiences and allowing the future residents the opportunity to spur their own imaginations when choosing how they see the vertical elements featured throughout **NINEONS**. When viewing the building renders, some people see the vertical struts as fins, some wings, gulls, sails and more; it is entirely open to creative interpretation depending on who is looking and

it adds substance to the greater urban landscape in a way that resonates individually with each person that sees it.

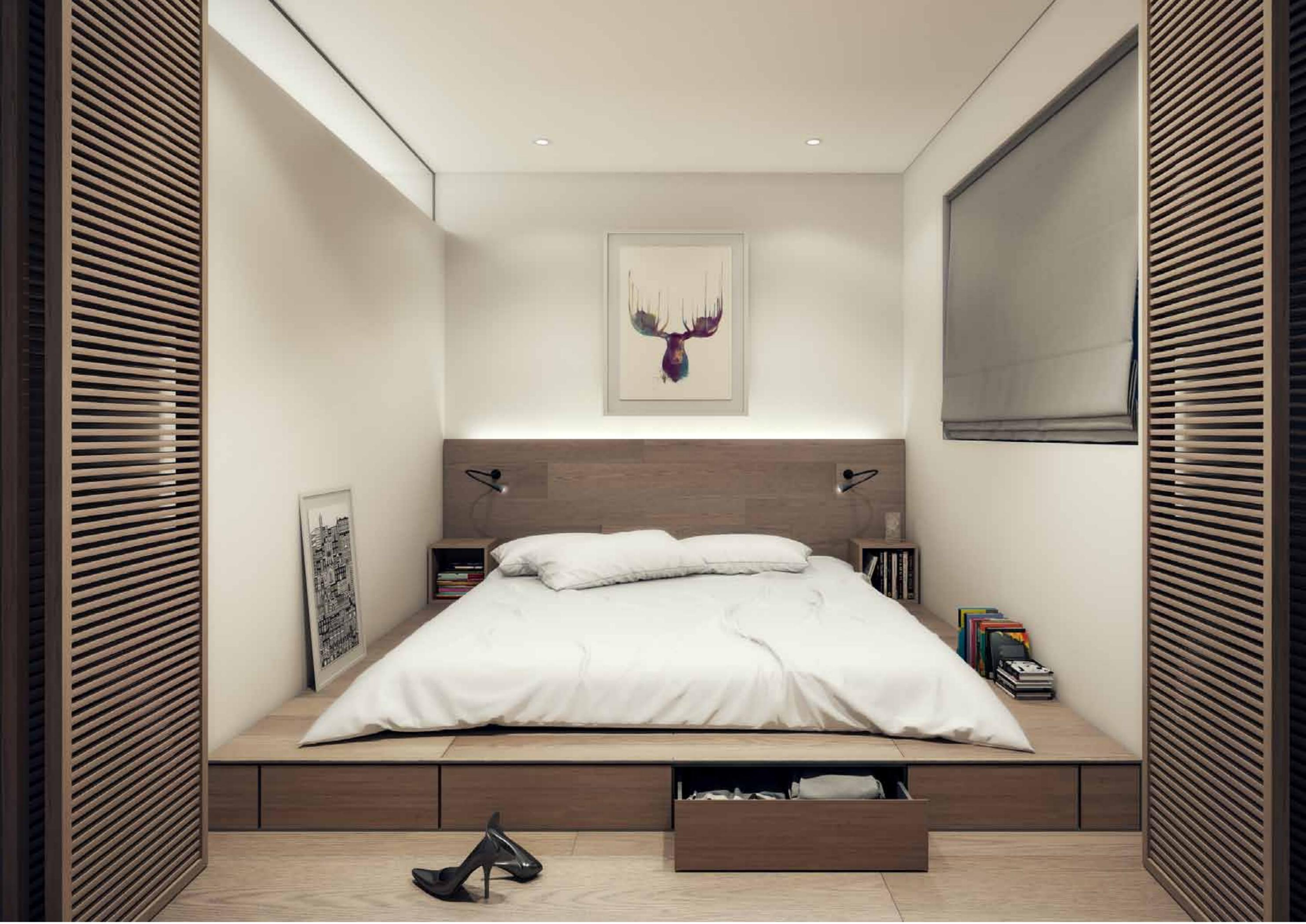
"We also used planters and greenery liberally on the apartment balconies and this too has provided a stunning visual contrast to the largely linear exterior. Overall the building is one of contrast, duality and strong design and we are extremely proud to add it to our ever-expanding portfolio," says Erik Janse van Rensburg of **WAUW**.

Architects : **WAUW**

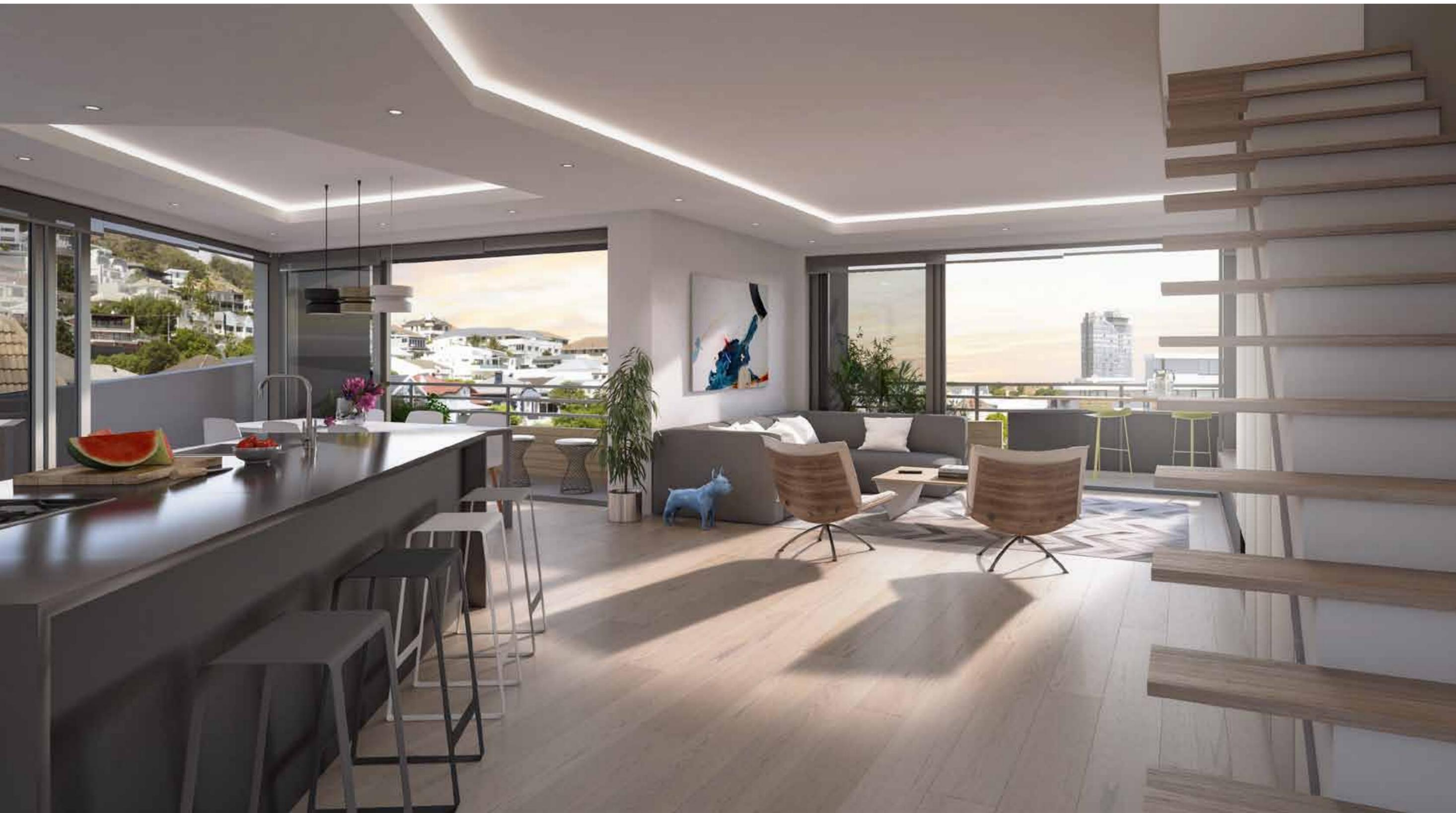














Apartment Overview

One Beds

Type 1 First, Second & Third Floors One Bath Interior 57 Exterior 7 Total 64 One Parking Apartments 1a, 2a & 3a	Type 2 First & Second Floors One Bath Interior 50 Exterior 10 Total 60 One Parking Apartments 1b, 1e, 2b & 2e	Type 3 Fourth Floor One Bath Interior 50 Exterior 17 Total 67 One Parking Apartment 4c
Page 32	Page 33	Page 34

Two Beds

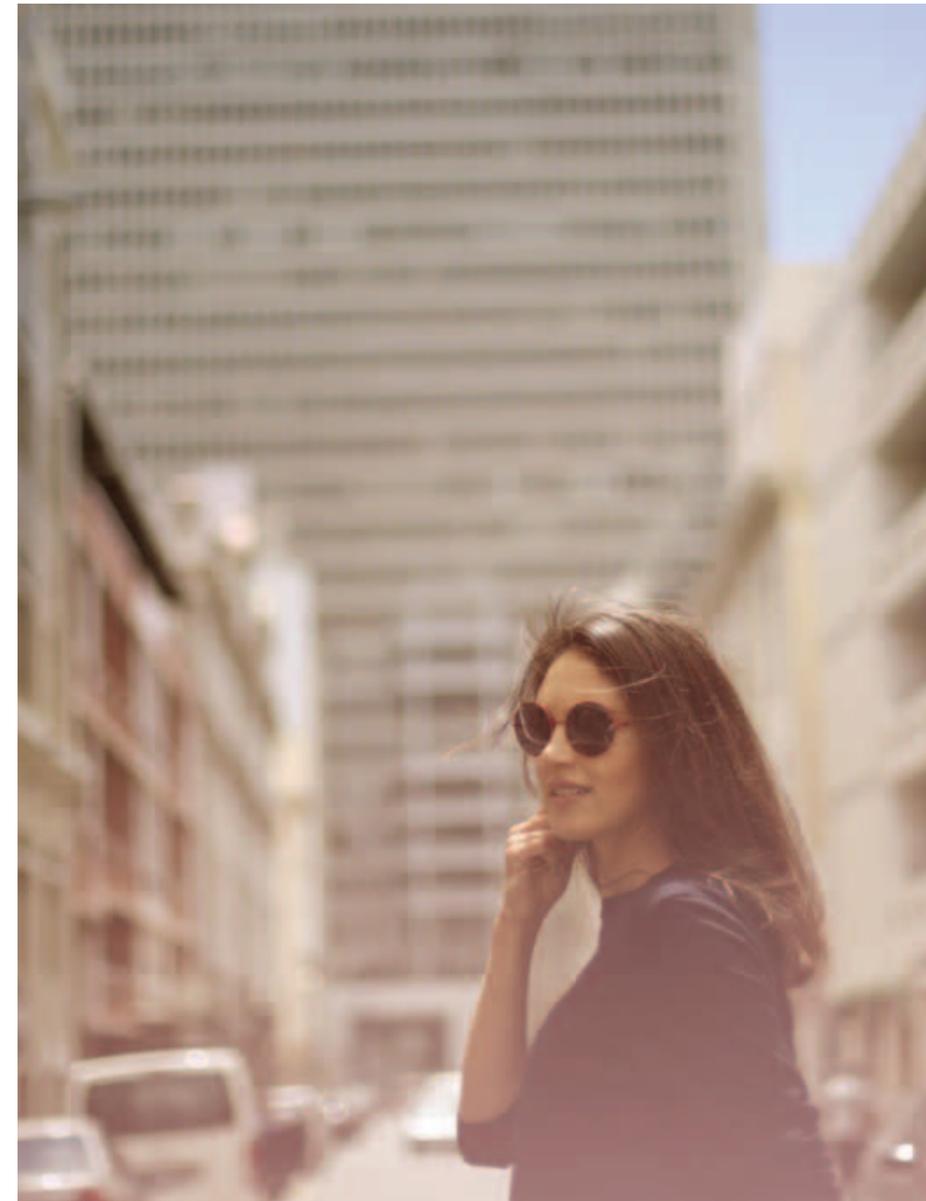
Type 1 First, Second, Third & Fourth Floors One Bath Interior 73 Exterior 15 Total 88 Two Parking Apartments 1c, 2c, 3c & 4a	Type 2 First, Second, Third & Fourth Floors One.5 Bath Interior 77 Exterior 20 Total 97 Two Parking Apartments 1d, 2d, 3d & 4b	Type 3 First, Second & Third Floors One Bath Interior 66 Exterior 21 Total 87 Two Parking Apartments 1f, 2f & 3f
Page 36	Page 37	Page 38

Two Bed Duplexes

Type 1 Third & Fourth Floors Two Bath Interior 84 Exterior 34 Total 118 Two Parking Apartment 3b	Type 2 Third & Fourth Floors Two Bath Interior 84 Exterior 14 Total 98 Two Parking Apartment 3e
Page 40	Page 42

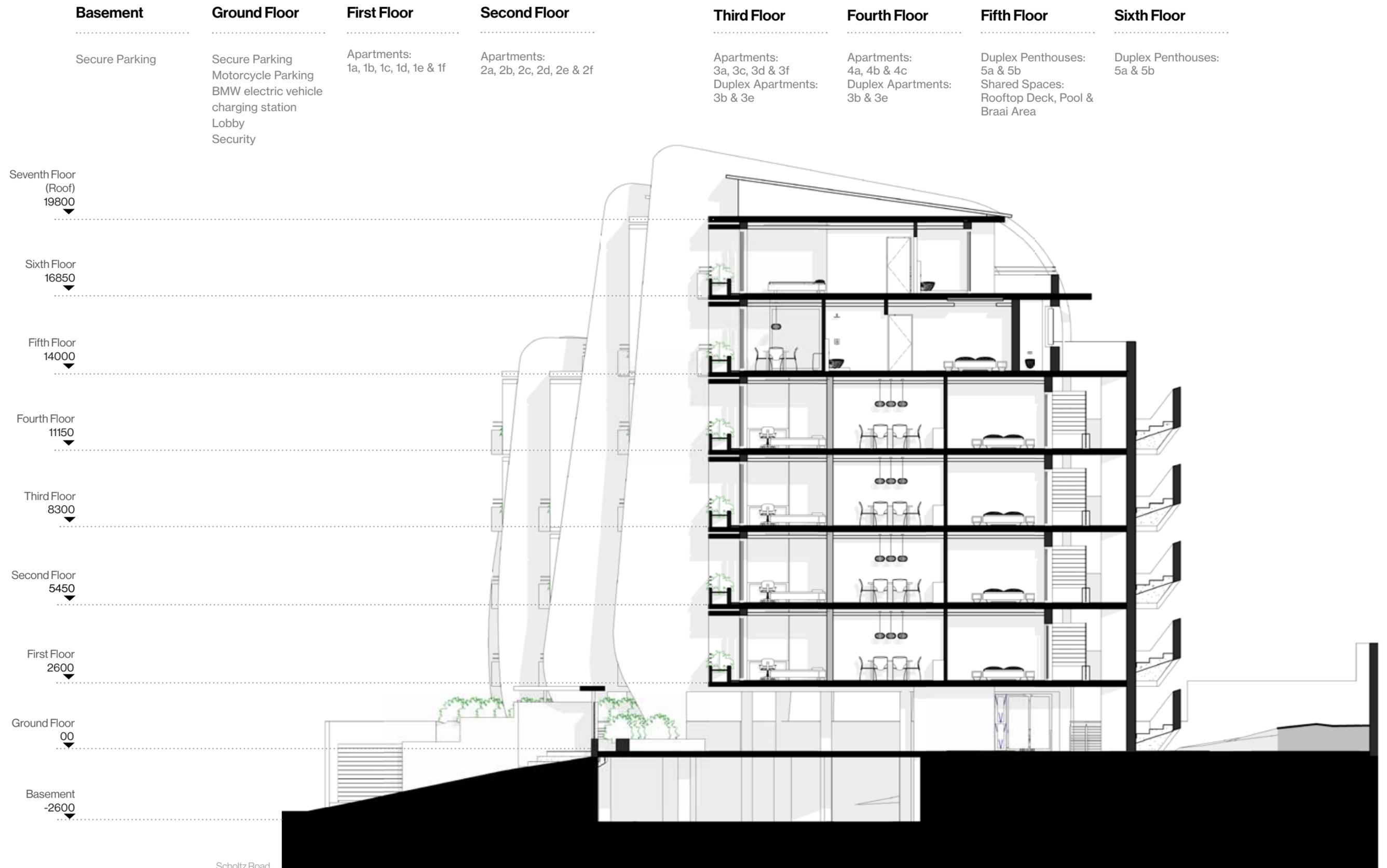
Penthouses

Type 1 Fifth & Sixth Floors Two Bed Two.5 Bath Interior 121 Exterior 87 Total 208 Two Parking Apartment 5a	Type 2 Fifth & Sixth Floors Three Bed Three.5 Bath Interior 171 Exterior 75 Total 246 Two Parking Apartment 5b
Page 44	Page 46



For more detailed floor plans and a virtual walk through of each apartment, download the Blok App for the iPad from the iTunes store <https://itunes.apple.com/us/app/blok-developments>

Building Elevation

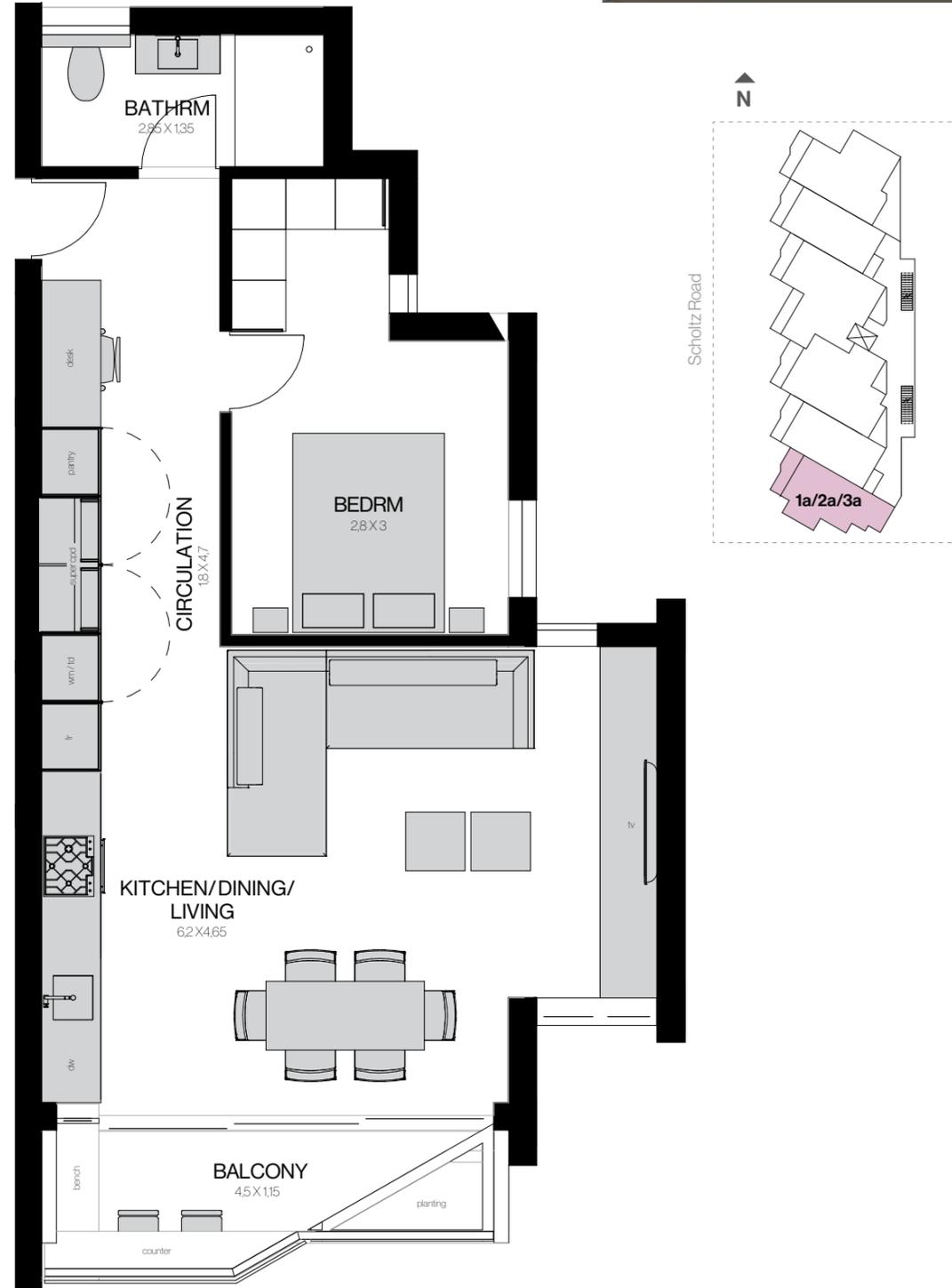


One Bed

Type 1

Apartments
1a, 2a & 3a

One Bath
Interior 57
Exterior 7
Total 64
One Parking

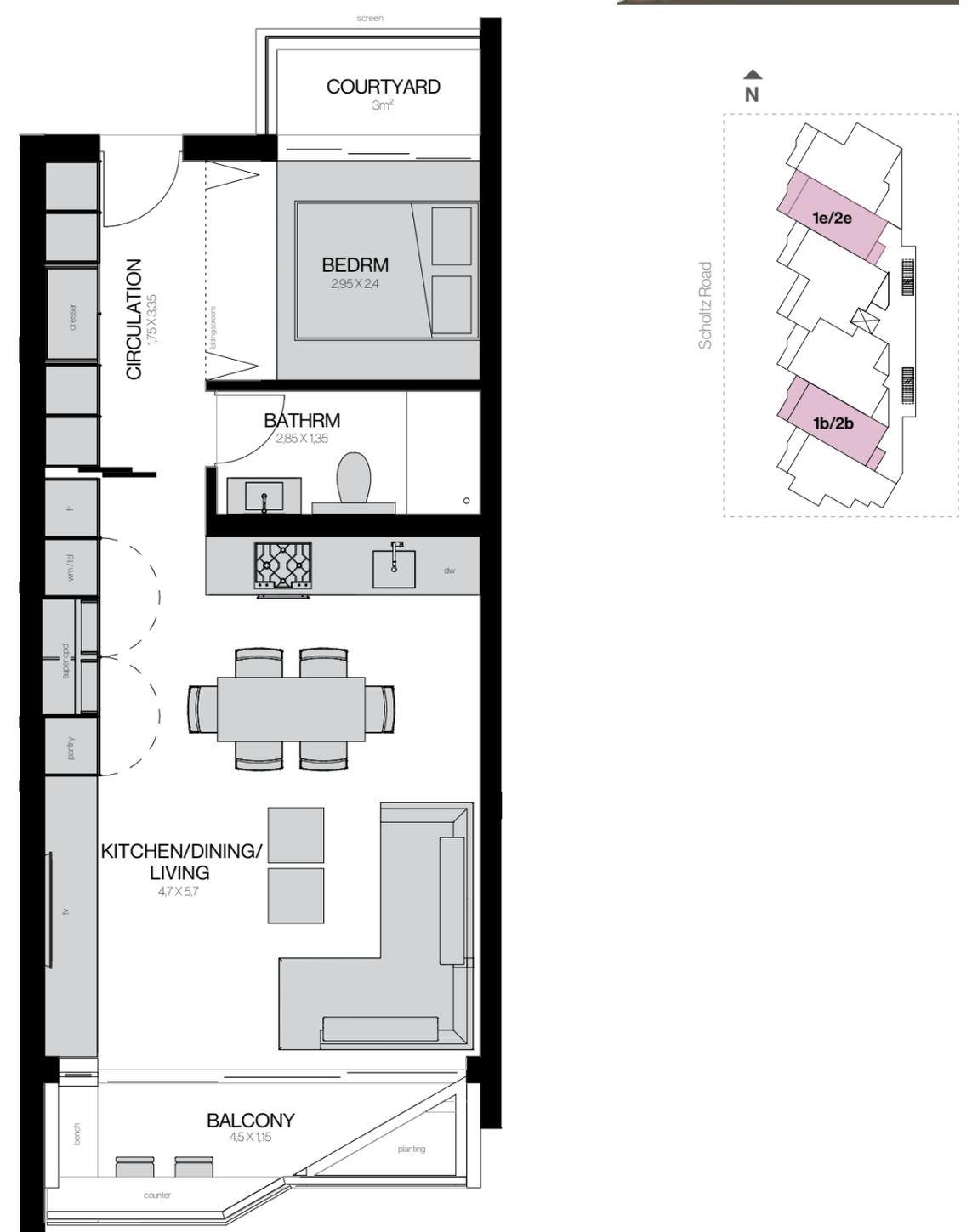


One Bed

Type 2

Apartments
1b, 1e, 2b & 2e

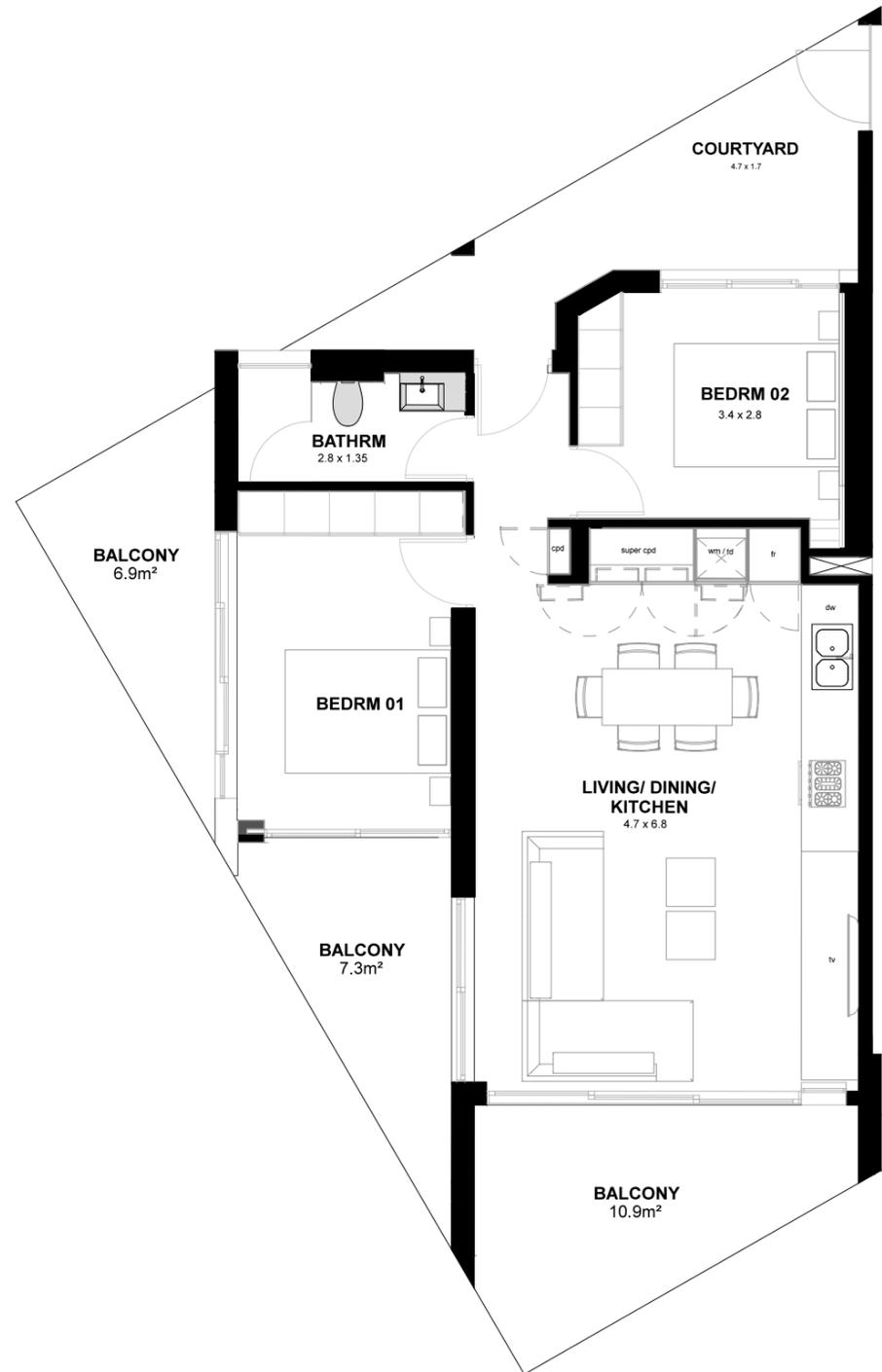
One Bath
Interior 50
Exterior 10
Total 60
One Parking



Two Bed

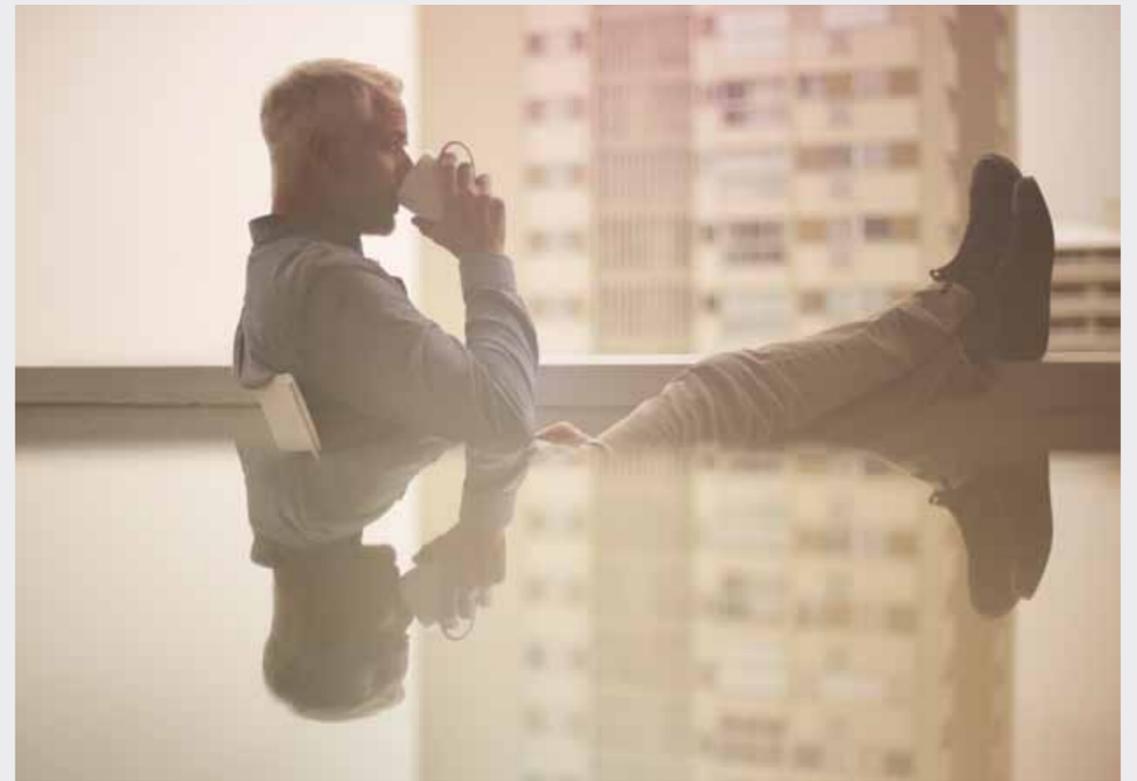
Type 1 Apartment 1h

One Bath
Interior 66
Exterior 34
Total 100
One Parking

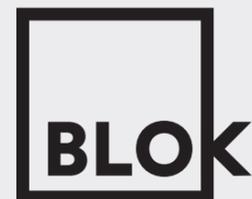


“Great design is simple, which is why it’s so complicated.”

Paul Rand



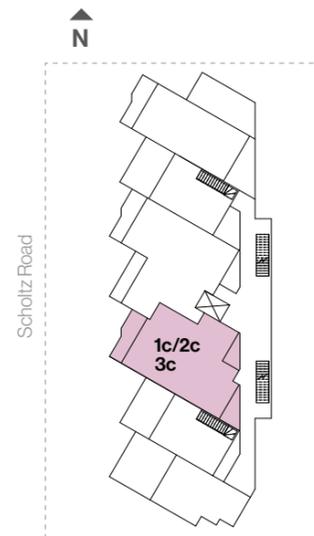
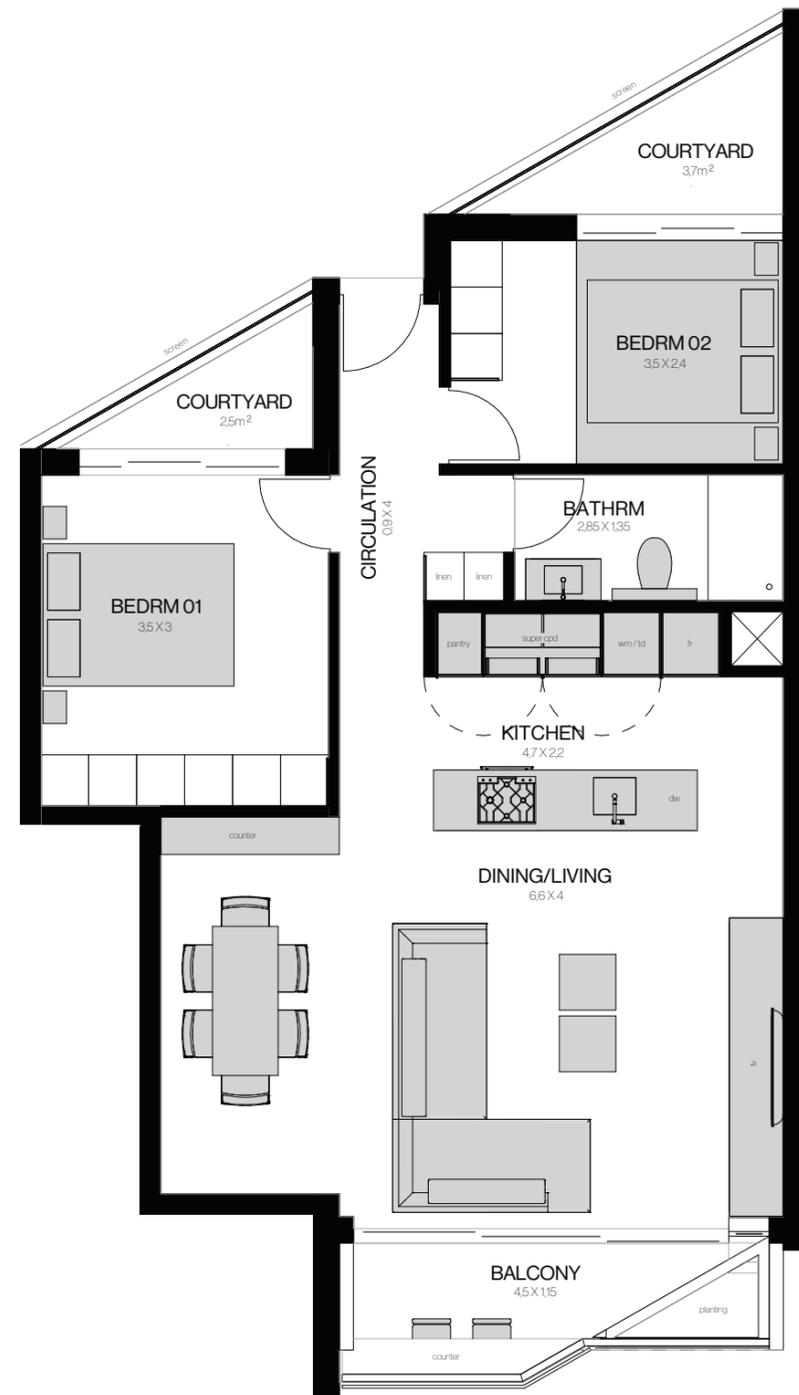
Can the flawless be full of character and warmth? Can conventional space be coaxed into being something more challenging and intuitive? Can the very notion of a home be changed and shifted? Blok's design aesthetic has always been about form and function being melded seamlessly together, to create an environment that is as practical as it is beautiful. Every aspect of the whole is rigorously thought through and applied intelligently to the architecture of both the inside and outside of our urban homes. Coupled with world-class finishes, this Thoughtful Design language permeates every facet of the Blok experience. Become a Blok home owner and share in our journey to creating the perfect urban living experience.



Two Bed

Type 2
Apartments
1c, 2c & 3c

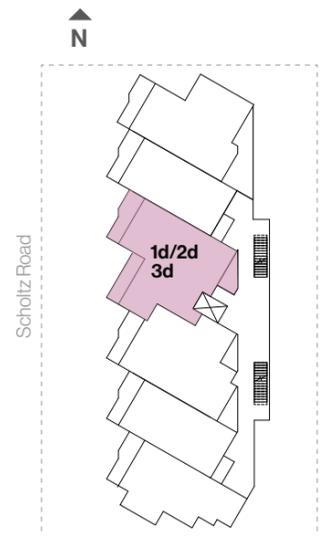
One Bath
Interior 73
Exterior 15
Total 88
Two Parking



Two Bed

Type 3
Apartments
1d, 2d & 3d

One.5 Bath
Interior 77
Exterior 20
Total 97
Two Parking

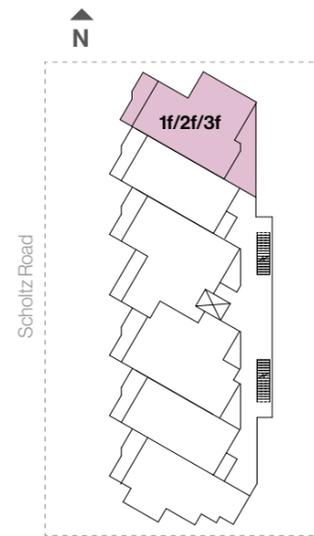
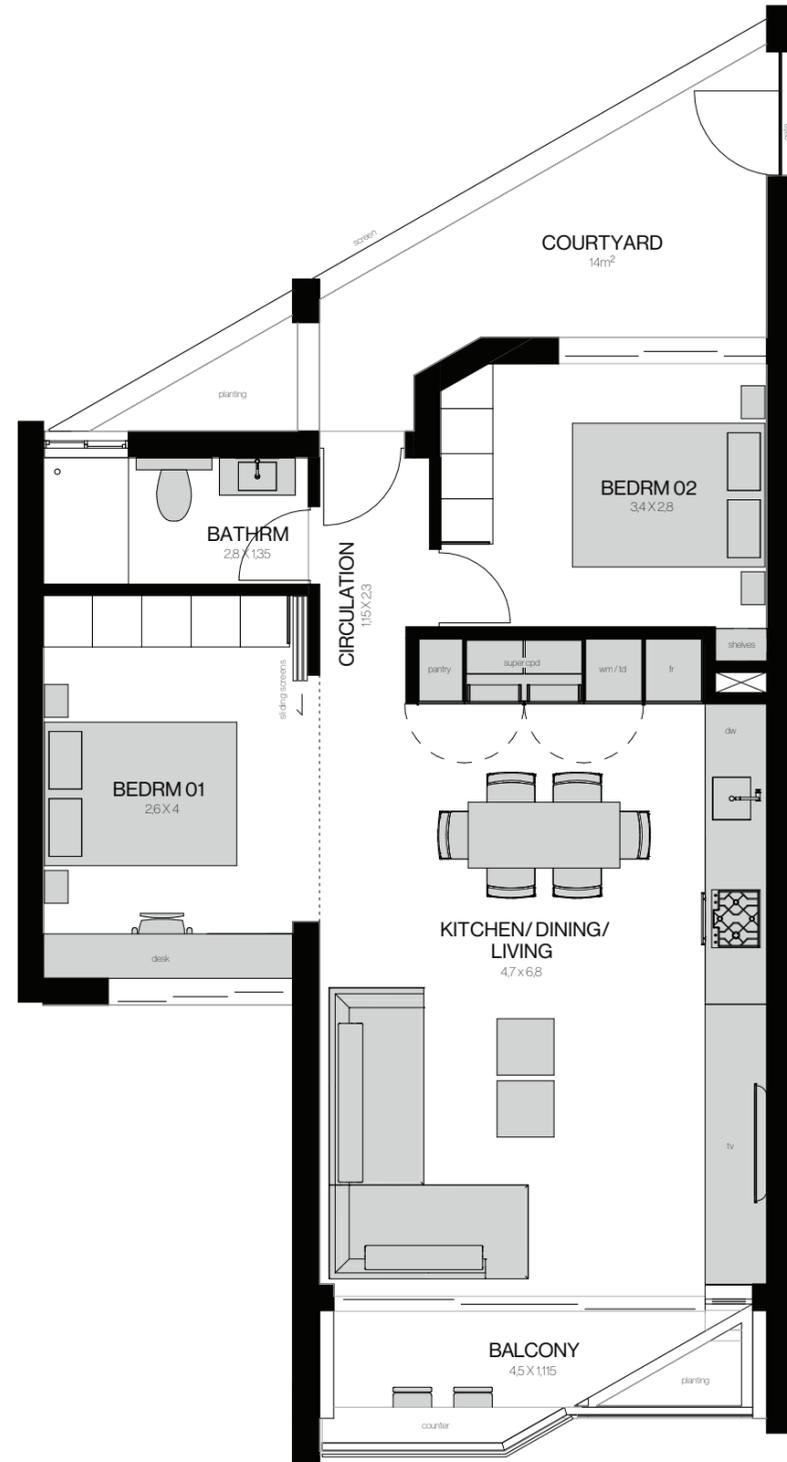


Two Bed

Type 4

Apartments
1f, 2f & 3f

One Bath
Interior 66
Exterior 21
Total 87
Two Parking



Three Bed Penthouse

Type 1

Apartment
4a

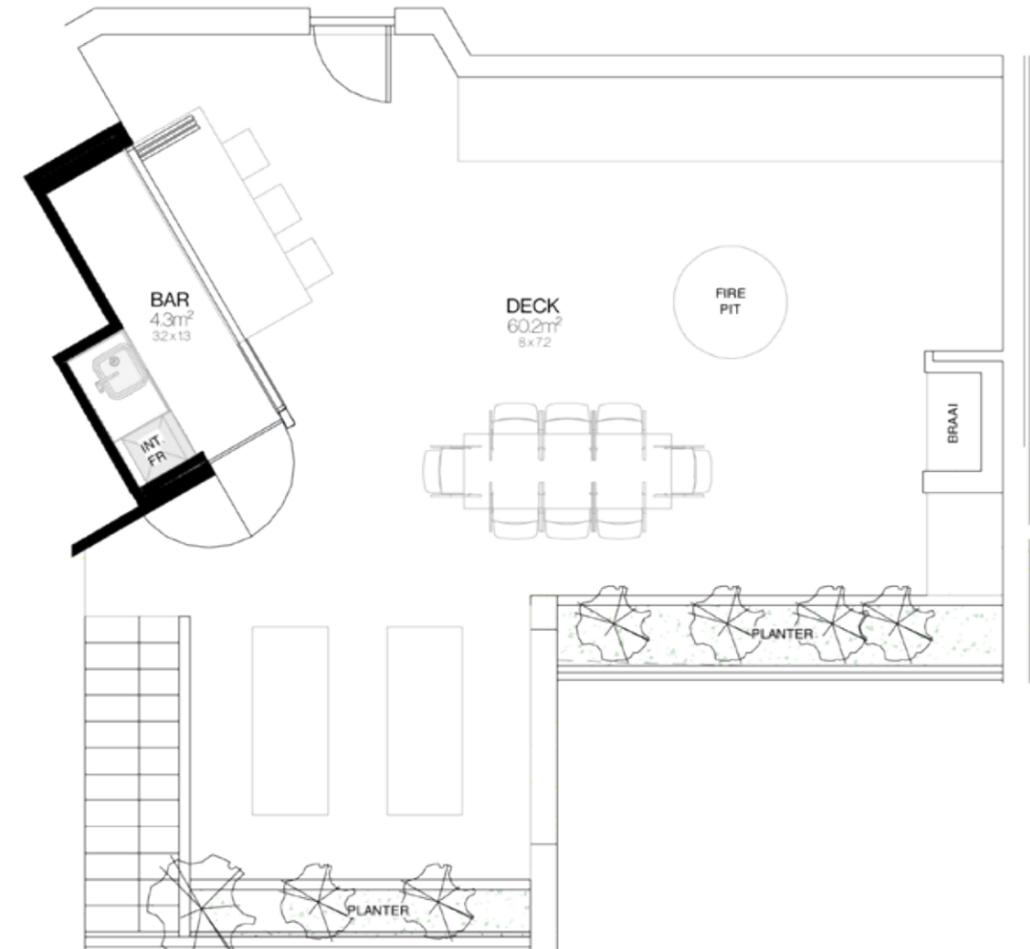
Three.5 Bath
Interior 125
Exterior 80
Total 205
Two Parking



Fourth Floor



Fifth Floor



Three Bed Penthouse

Type 2

Apartment
4b

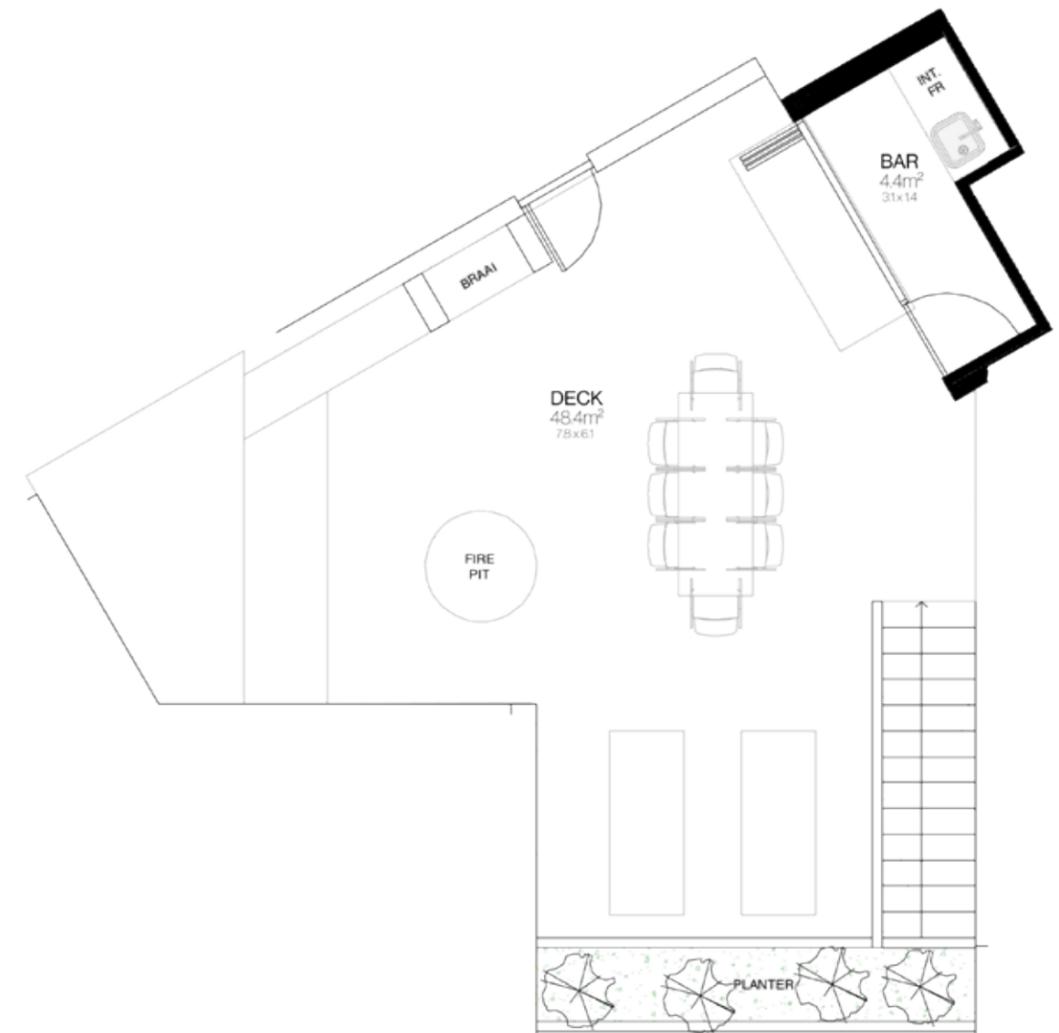


Three.5 Bath
Interior 130
Exterior 71
Total 201
Two Parking

Fourth Floor



Fifth Floor



Three Bed Penthouse

Type 3

Apartment
4c

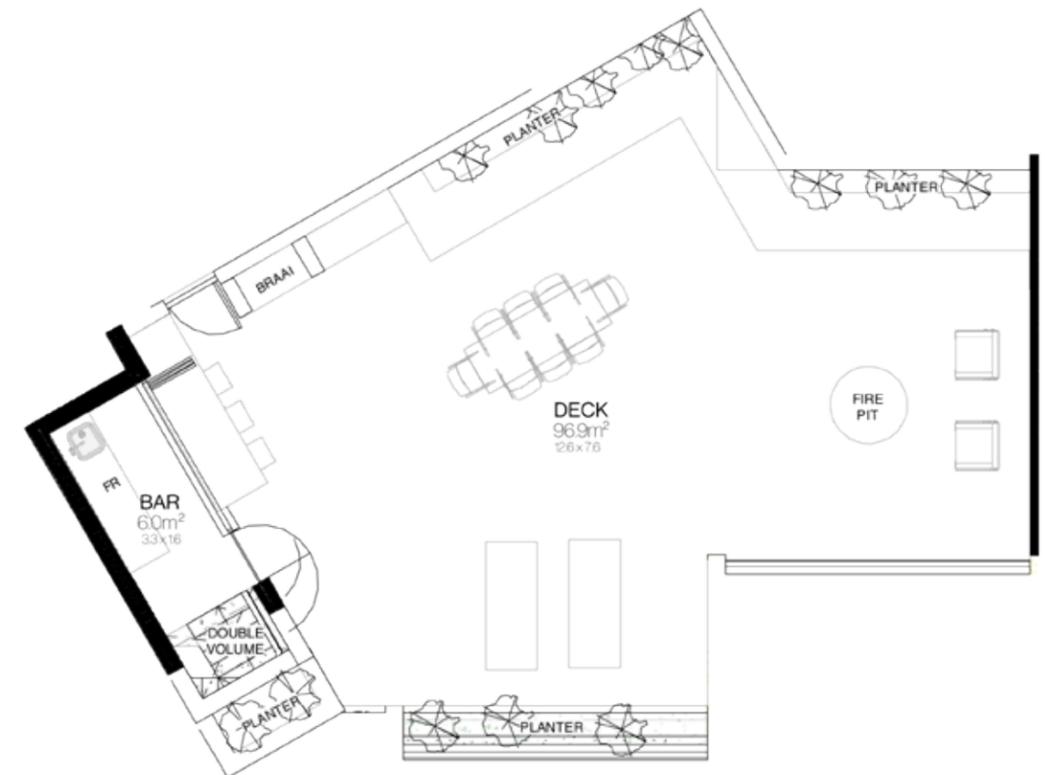
Three.5 Bath
Interior 140
Exterior 116
Total 256
Two Parking



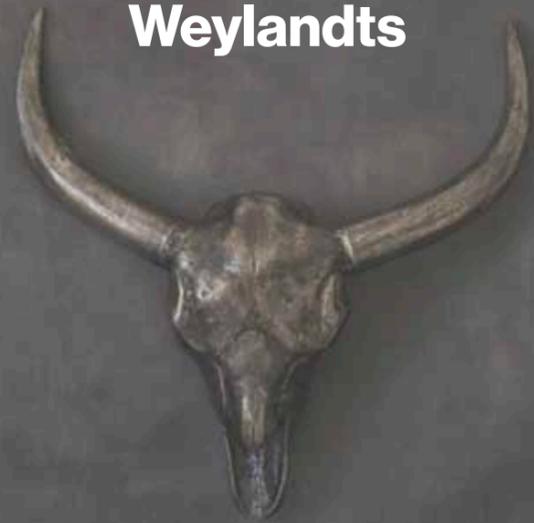
Fourth Floor



Fifth Floor



Weylandts



We asked our interiors partner, Weylandts, for advice on how to make compact spaces feel spacious and how to keep space feeling uncluttered.

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What tips do you have to keep a feeling of spaciousness in a compact apartment?

There are some obvious rules to follow: don't clutter, keep the décor and layered accessories to a minimum, keep and display what is vital, of quality and most expressive. Also keep your colours to a minimum and utilise a fresh, light off-white base for surfaces and larger furniture items. Oddly enough, using large rugs makes small spaces feel larger, also a large scale light feature pendant or floor lamp will do the same and has great impact. It is important to ensure that you can circulate freely in the space, allowing objects and décor the necessary room to breathe.

Duality is a big theme in interiors today, what are the most innovative pieces you have at Weylandts that make use of this trend?

We have a few pieces that make use of this trend. The first being our range of petrified wood furniture that combines the warmth and grain of wood, with the depth and veining of stone. A second example is our Indian door tables that transform an antique door into a contemporary table. Finally, we have our Dagnet Chair that uses flexible rope as a hard shell-like casing.

Does compact living have to be synonymous with minimalism and 'less is more' in one's home?

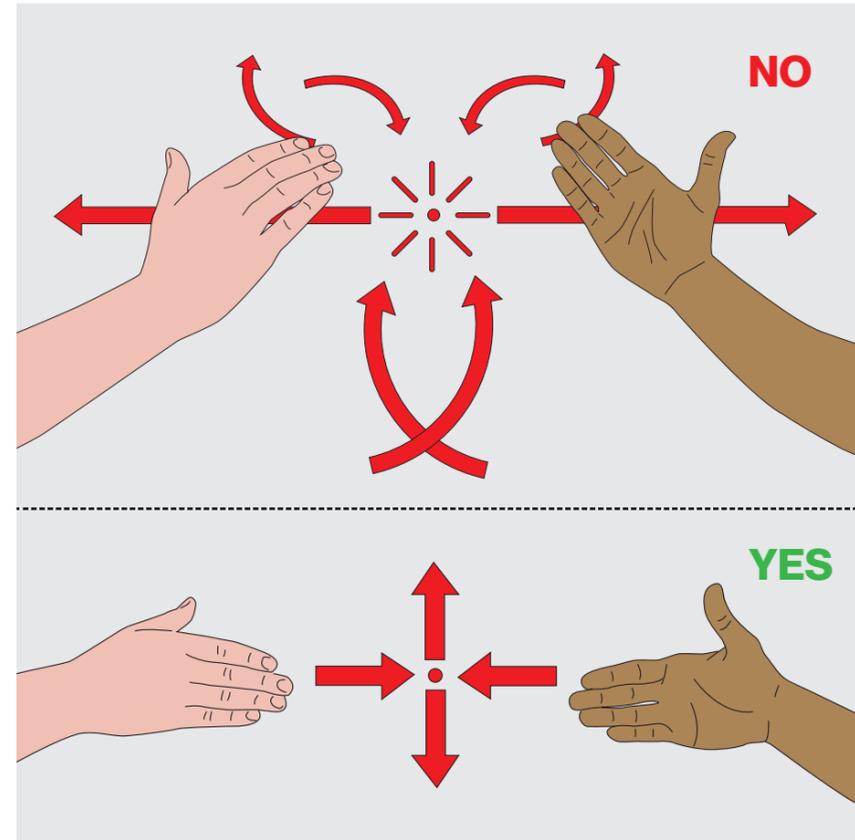
The concept of compact living doesn't necessarily need to be associated with minimalism; the days of polished surfaces, sparsely furnished areas, glass and chrome are hopefully a long way behind us. Good interiors are like a good conversation: diverse, stimulating, sometimes provocative and humorous, which is true whether you are working with large or compact spaces.

A Blok Guide to Communal Living



Living side by side one another in relative harmony is one of modern society's greatest accomplishments. The achievement of this astonishing feat has required perseverance, understanding, patience, good walls and most importantly rules, etiquette and good old common sense. As a Blok owner you will already be well-versed in the more subtle intricacies of societal norms but here's a quick reference guide to our special brand of connected urban communal living.

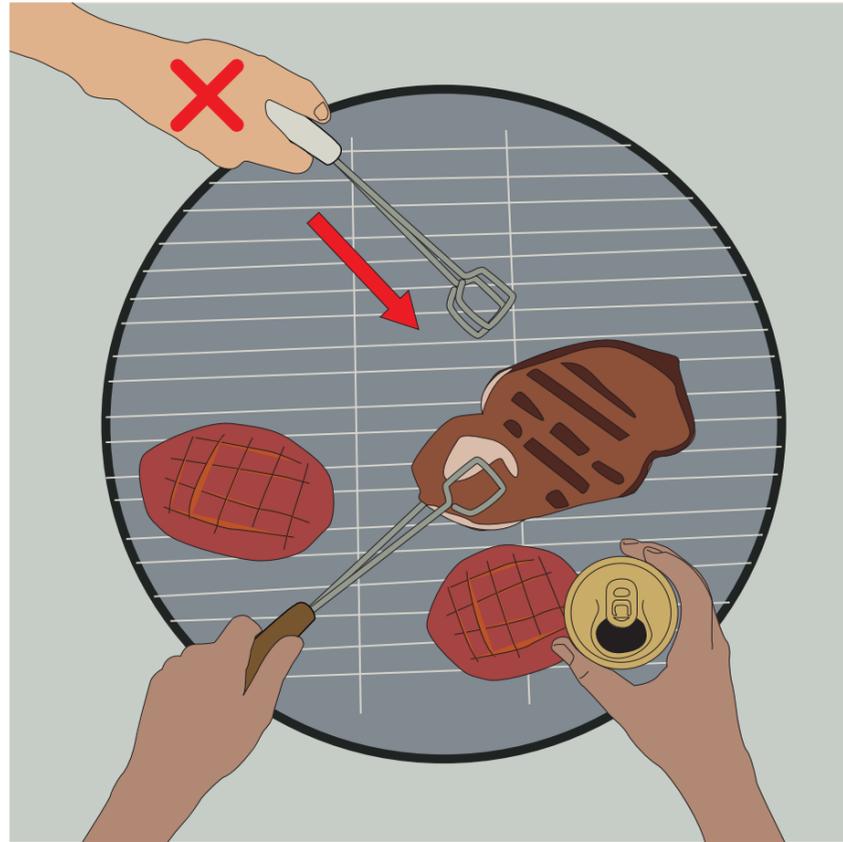
01. GREETINGS



We're all in this together, so always have a friendly hello ready for your fellow Blok neighbours.

Always hold the lift door, and lift small talk is just part of being a human being, you'll just have to live with it, and enjoy it. You obviously have similarly stylish tastes, so that's a great conversation starter.

02. BRAAI ETIQUETTE



Not a single day goes by in South Africa where someone doesn't light up a braai. It's our national pastime, and like any treasured cultural event there are a couple of simple rules to observe.

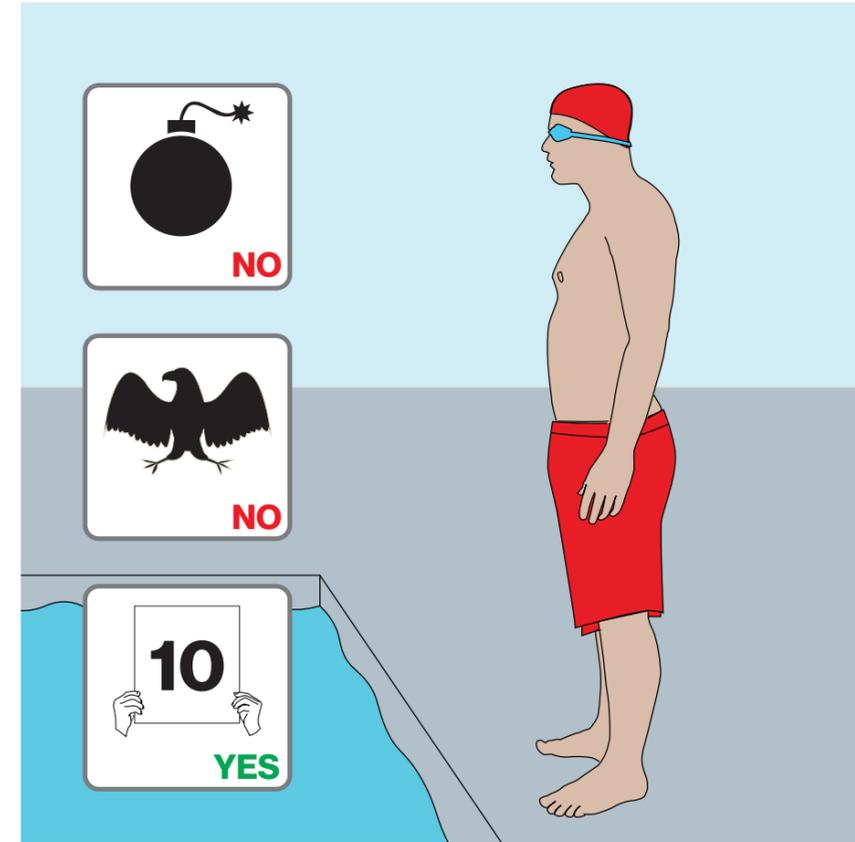
Gone are the days of people considering chicken a vegetarian option. In these enlightened modern times, veggie options for braais are both extensive and delicious. For this reason, always do your veggie friends' stuff first and then throw the carnivorous option on, they'll thank you for it!

The braai is a handy outdoor stove, but more importantly it is a place to stand, enjoy a cold one and solve the world's many complex mysteries and problems. As communal as the act

of braaiing is, there can however be only one official braai master. Only he or she may turn the chop, flip the wors and season the steaks. Advice can be offered, but only if you've known the braai master for over 15 years.

Just by lighting the braai, everyone in the entire neighbourhood who can smell the wonderful aroma of smoke, will immediately feel like having a braai. So buy a bit more than you need and invite everyone in **NINEONS** to join you.

03. SWIMMING POOL ETIQUETTE



Since the dawn of man -and woman- kind we have gathered around bodies of water to socialise, cool off and hunt for food.

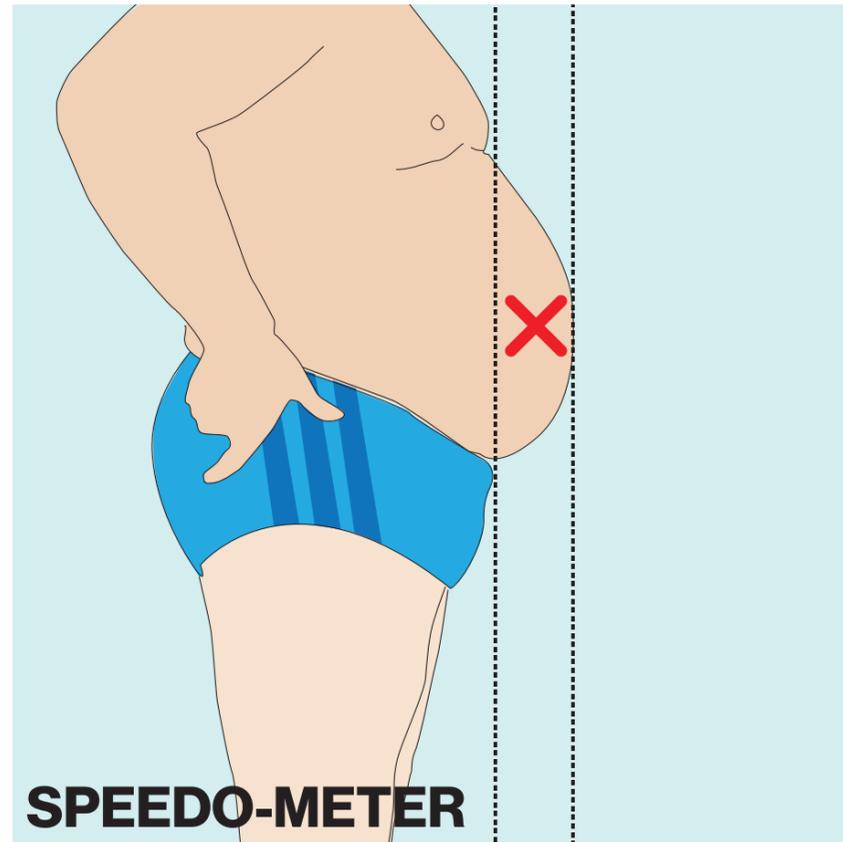
Not much has changed except for the hunting bit. We now have beautifully packaged braai meat and freshly tossed salads, which saves a whole lot of time. But with all this extra time on our hands, etiquette plays a far greater role in our poolside congregations.

> Don't play music on your cellphone. Don't play music at all actually. Unbelievably, not everyone likes the same music as you do. Equally unbelievably, some people don't care for Bob Marley.

> No diving, somersaulting or cannon-balling into the pool. This isn't the Summer Olympics, but you will still be judged!

> It's lame, but no running. Because you know what's lamer? Spending your evening getting stitches or the summer in hospital with a cracked coccyx.

04. DRESS CODE



Indoors, everyone is allowed to wear whatever they choose. A mumu, Chelsea football kits, silken gowns, or nothing at all! Outside however, keep it light, keep it fresh, keep it stylish. You're already a Blok resident, so you must have exquisite taste anyway, so have fun with it.

NB! If you last squeezed into it in 1985, it's probably inappropriately snug.

05. GARDEN RULES

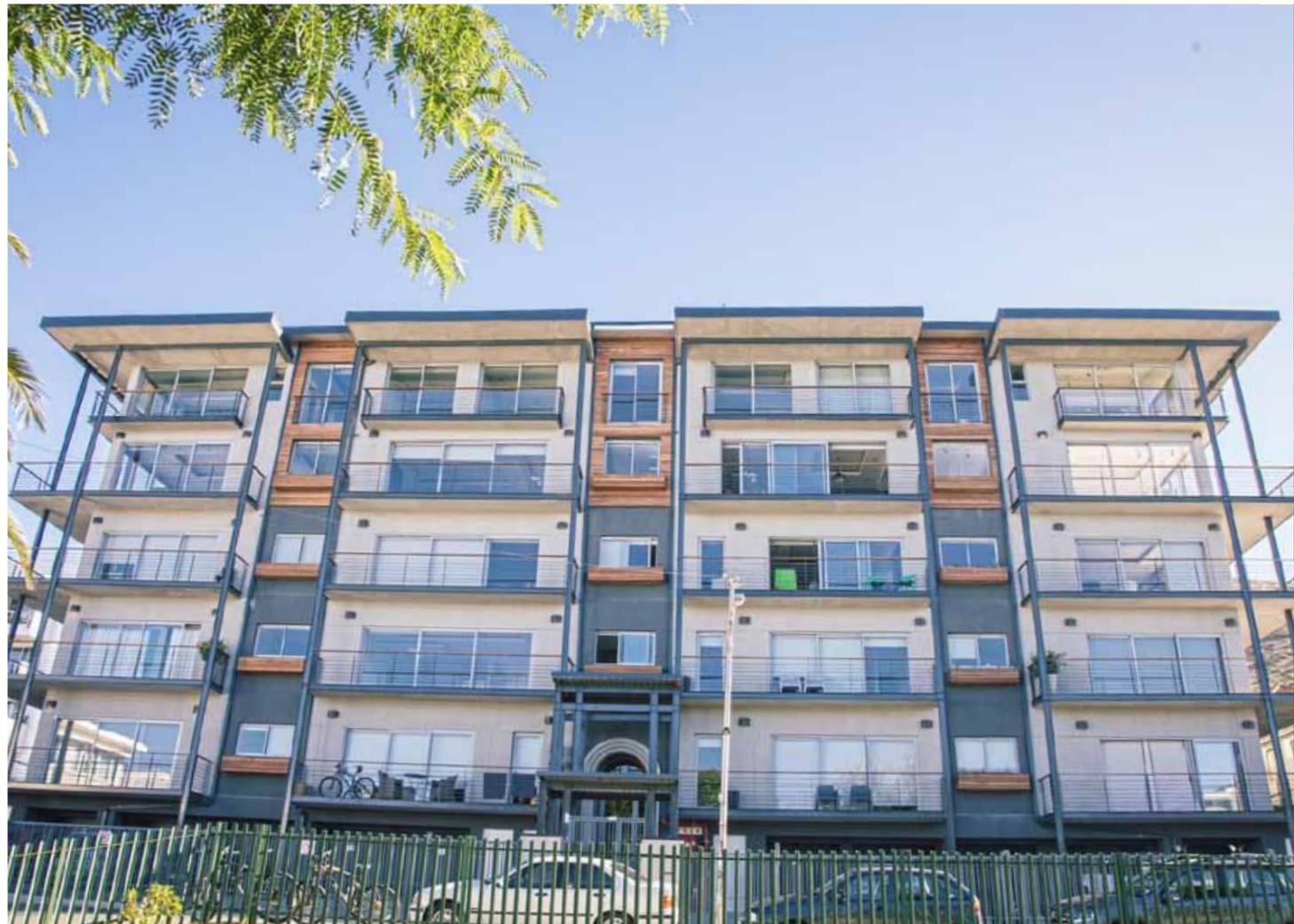


Communal gardens are a place to reflect and meditate on the vast complexities of the world, so that you'll have something interesting to chat about at the braai later on.

Silence is essential, but a gentle lilted conversation is also perfectly acceptable.

Picking flowers while you're walking along with a gentlemen caller should only happen in Downton Abbey. The plants are there for everyone to enjoy, so please no picking!

SEVENONT



Above: **SEVENONT**.



Above: Artist's impression of **SEVENONT**.

After much anticipation, we finally welcomed our first completed development, **SEVENONT**, to the Blok built stable in December 2015

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The build saw us completely renovate an old existing 3-storey block into what is now a 5-storey building with cutting-edge conveniences such as energy-efficient water heating and lighting, smart home systems in each apartment, high speed fibre internet and a leading edge access and security system.

This development encompasses everything that we have committed to delivering at Blok: considered spaces, high end finishes, and urban homes conceptualised and constructed with our future homeowners and their full lives in mind.

We are exceptionally proud of this project as we feel it delivers the Blok brand promise of beautiful urban homes, connected urban living and Thoughtful Design.



Styled by: Gill Goodwin



Construction Update



FOURONC

4 Clarens Rd, Sea Point



The site is now at a point where it can be sealed, as all of the windows and doorframes have been installed. Internally, the team is working on all built-in TV units, dropped ceiling structures and tiling has begun in all of the kitchens and bathrooms. Externally, the initial phase of the paint finish has commenced.

TWELVEONV

12 Victoria Rd, Bantry Bay



The third floor has been cast, along with the 25m communal pool. Brickwork has begun on the first and second floors in conjunction with the construction of all garages. The fourth floor slab is set to be cast by mid March.

SIXTY6ONK

66 Kloof Rd, Sea Point



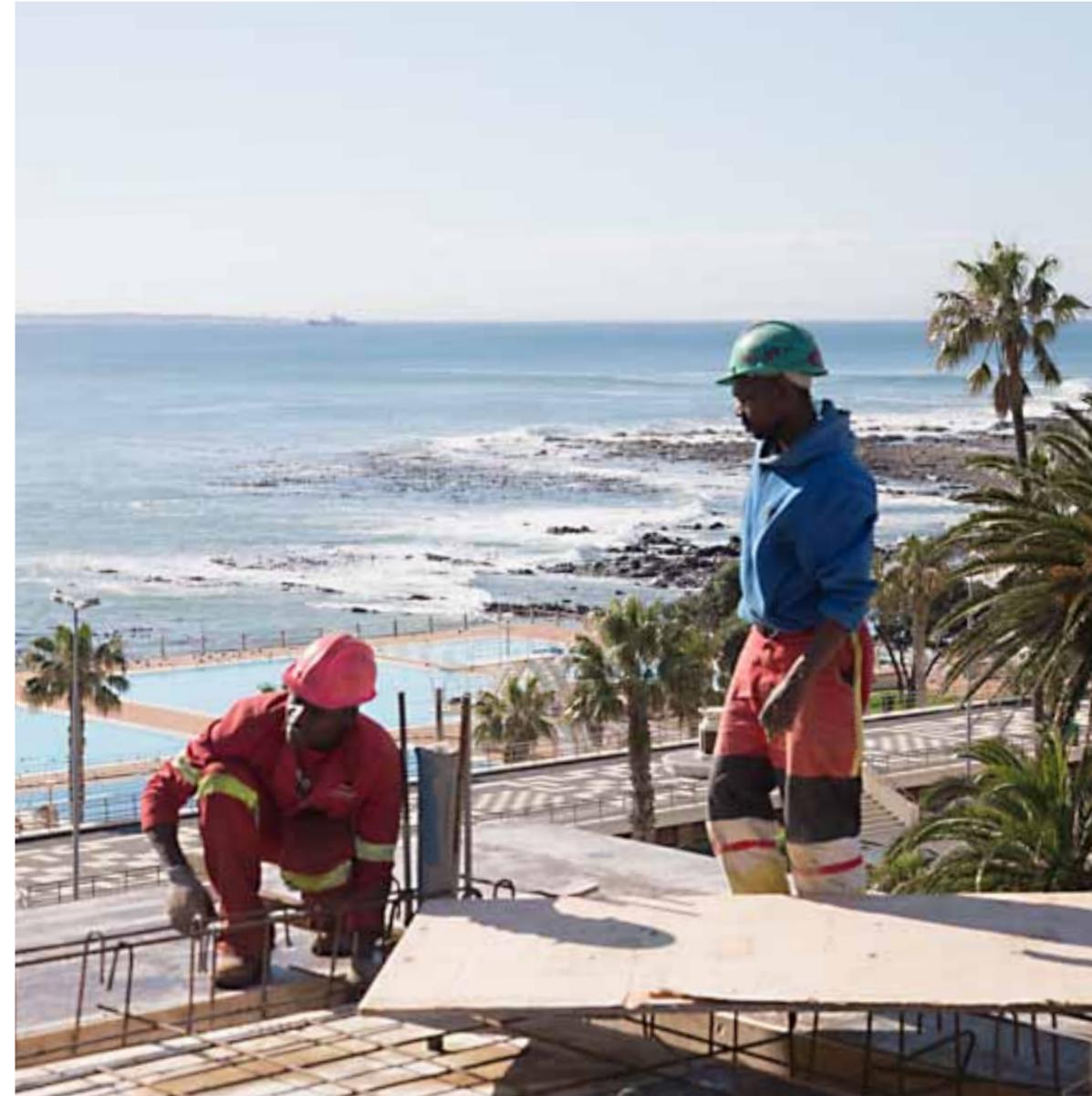
Demolition occurred in early summer 2015 and construction is set to commence in March. The build team is ready to go, with the foundations and ground floor columns set to be cast midway through March.

FIFTY8ONV

58 Vredehoek Ave, Vredehoek



The first floor slab has been cast, with the second floor to follow shortly. The crane is set to arrive in March, along with the commencement of brickwork on the ground floor. We have also completed the apartment customisation process for **FIFTY8ONV**.



Urban Interventions : Regent Road Park(let)



As part of our ongoing strategy of investing back into the communities in which we develop, we have successfully partnered with Future Cape Town, the City of Cape Town and its stakeholders as well as designers and young passionate urbanists to realise and launch our urban intervention projects. Utilising modern research methodologies and benchmarking against some of the most progressive urban projects globally, we have been able to put together comprehensive case studies that ensure that each project is well researched, carefully executed and monitored post-completion.

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A parklet is defined as a public space intervention that takes over the space of one or more parking bays and utilises this area for public use.

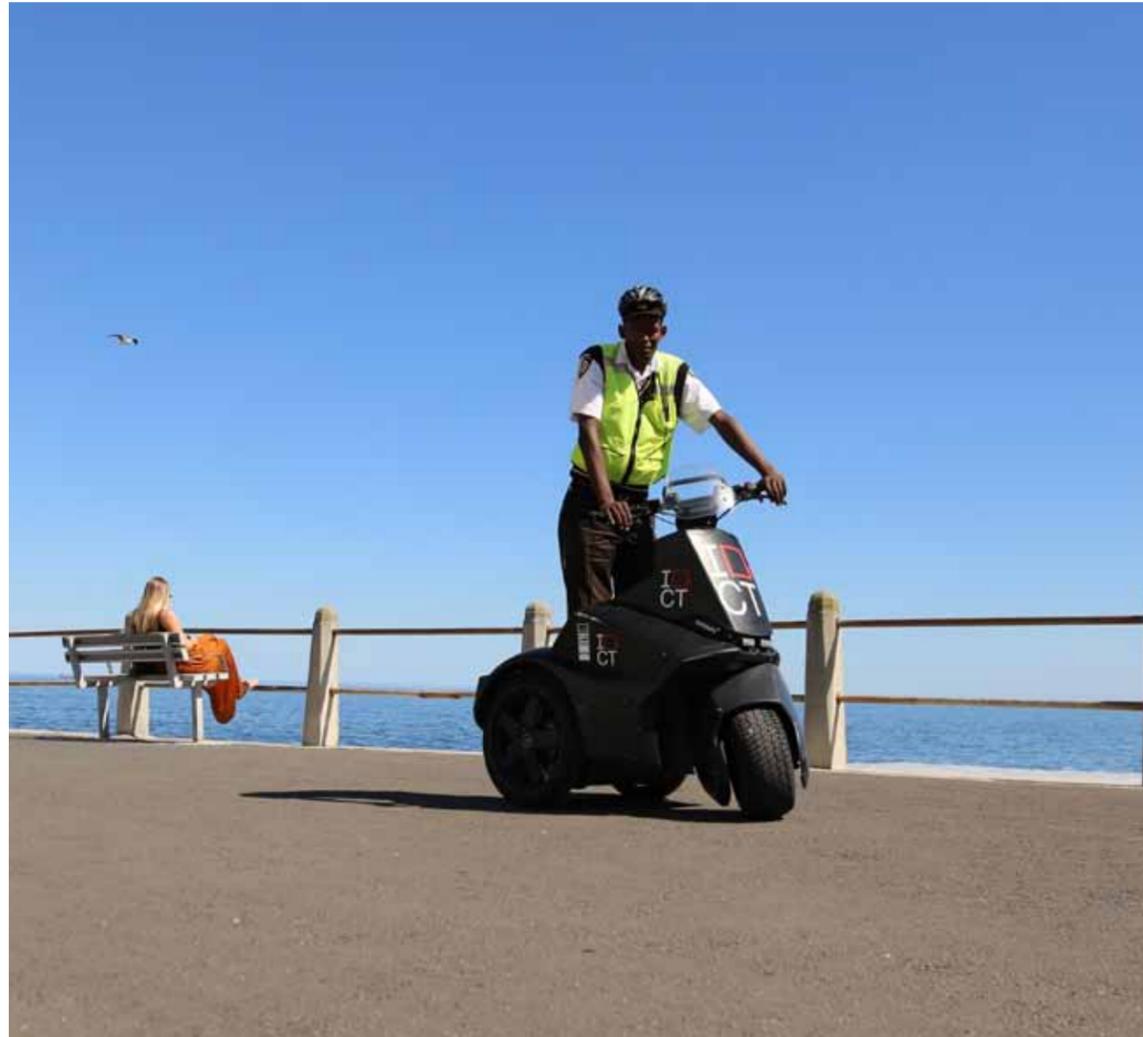
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Our recently completed parklet on Regent Road is a collaboration between us, Future Cape Town (research, permits and implementation), GAPP Architects (concept and design) and Cameron Barnes Furniture (construction).

The space provides ample seating, shade, bicycle parking and free WiFi sponsored by us for the use and enjoyment for all.

An average of 50 people a day are using the parklet as a safe, comfortable and productive space on busy Regent Road where they can stay as long as they wish. From nannies with prams to students, professionals and people who work in the area, the parklet is well utilised and caters to a wide array of user groups and income levels.

Segway : RoboBlok



Above : RoboBlok, keeping the neighbourhood safe.

The Sea Point, Fresnaye, Bantry Bay Ratepayers Association (SFB) has done an outstanding job of launching its crime 'n grime initiative along Beach Road. As part of supporting this initiative, we have committed to sponsoring one of the patrolling Segways (affectionately known as RoboBlok) that serves as the eyes and ears of the promenade and its immediate surrounds.

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Thornhill Road Park



Above : The beautiful Thornhill Park, right across from **SEVENONT**.

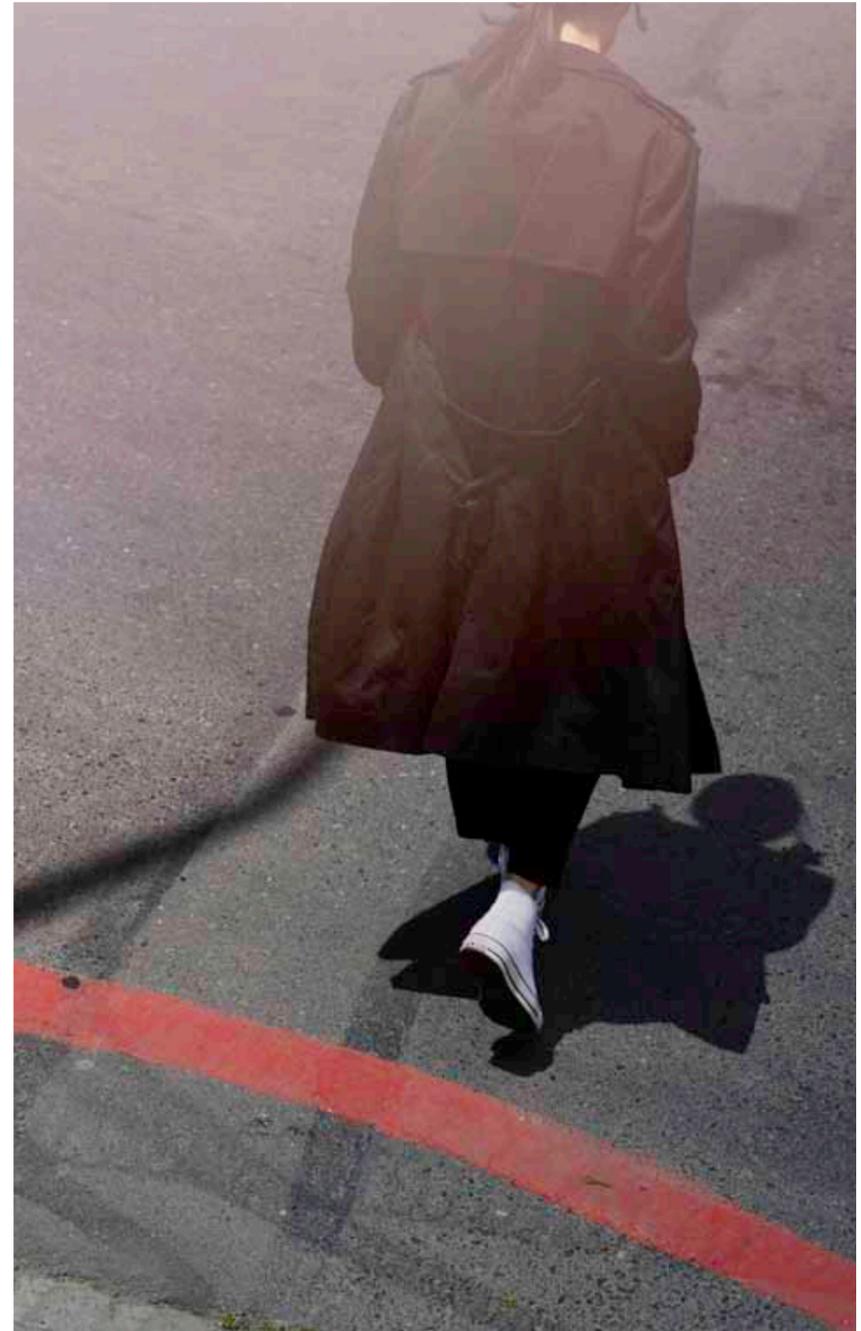
The recently completed park re-vamp project is a culmination of community engagement, responsible design and a collaboration with the City of Cape Town.

.....

We are extremely proud of how the renovation has turned out with the improvements in greenery and play equipment making a substantial difference to the experience of using this public open space.

As part of our vision of making this urban intervention successful in the long-term, the Friends of Thornhill Park was created, which comprises of a group of local stakeholders who will ensure the ongoing success of the park for the benefit of all visitors.

Ready. Set. Wander.



The Atlantic blue of the ocean washes towards the green expanses of the perfectly named Green Point, a metropolitan enclave linking the coastline to the city centre.

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Appropriately this is where **NINEONS** feels perfectly at ease, within a green belt surrounded by the modernity of an urban cityscape.

Wide boulevards lie below the omnipresent architecture of the stadium that welcomed the world in 2010, something this part of Cape Town has been doing for decades beneath the ancient gaze of the trees lining Somerset Road. Where the Sea Point promenade ends Green Point's activities are only getting started with a dedicated cycle lane leading you everywhere from the 9-hole golf course to a flagship gym surrounded by tennis, football, cricket and rugby clubs right next to the Green Point Urban Park.

The wide-open greenery here is not all work out and no fun though, and a bustling deli-café culture languidly lounges along the sidewalks and side streets, the unmistakable aroma of coffee drifting above the sunlit conversations.

After its leisure-centric activities have filled the day and the sun sinks into the endless blue, the firefly-bright lights of the myriad of restaurants, bars and nightspots start to sparkle into life, with tastes and sounds from every corner of the world who have also come here to settle in the neighbourhood you will make your own.

Oranjezicht Market



Sheryl Ozinsky
Founder of OZCF

.....

The Oranjezicht City Farm Market Day started out as a way to keep the community farm going financially. With just a few loaves of bread, gluten-free cupcakes and some organically grown produce from one farmer, the OZCF was born in April 2012 and it soon became a neighbourhood hub. In the space of a year, the market moved twice; to the Premier's residence and then to Granger Bay, V&A Waterfront, where it is now, overlooking the Atlantic Ocean.

Held every Saturday, the OZCF Market Day is a community farmers-style market for independent local farmers and artisanal food producers. At the OZCF Market customers can do a weekly food shopping for veg, fruit, bread, organic dairy, free-range eggs, honey, cheese and try out some delicious cooked and raw foods as well as purchase edible plants and seedlings, compost and gardening supplies and equipment. You'll also be inspired about helping to build an alternative food system.

If magnificent, multi-coloured, organically grown beets are on your shopping list, along with heirloom tomatoes, curly kale and a taste of old-fashioned community spirit, stock up at the OZCF Market Day.





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Around Cheese use only grass-fed cattle to produce their cheese and add no preservatives. All of their products are proudly South African and they offer customers a 'taste before you buy' service.
.....



.....
"The OZCF market is an interaction with the farmer or supplier, it's about gaining knowledge and insight into what you're buying."
.....

The owner of Around Cheese, Jane, enjoys many elements of the OZCF's new location. "The location is easily accessible for all, has great parking, beautiful sea views and ample fresh air. It brings an alternative shopping experience to your doorstep in a natural setting. It is an opportunity to engage with the supplier and mingle with your neighbours."



Facebook: AroundCheese



That Mayo's recipe has been passed down from mother to daughter and, where possible, it is known exactly where each ingredient used comes from.

“As a consciousness grows, of respect for one another, for the earth and for ourselves, there is little room left for most things that the ‘traditional store’ has to offer. The OZCF to these awakened folk is as natural as it is to breathe and love.”

Tash, the owner of the stall, loves all of the different characters that shop at the OZCF. “The beautiful characters of the market never cease to amaze. Young, old, tattooed, pierced, mohawked, babies, grannies and the dude that rides his motor-tricycle thing. The sunburned Brits are regulars and without fail, the toned,

tanned, infuriatingly active-on-a-Saturday-morning types, in their freshly pressed Lycra, glistening with health. The common denominator among these folk is a general consciousness, and interest, in what they allow into their bodies. It's pretty great.”



thatmayo.com



Moro Gelato produces gelato made from only the freshest ingredients with no colourants or preservatives added to the mixture.

“The market fills the purpose of the central piazza of the neighbourhood where locals from all walks of life get a chance to interact with each other. It’s a place where you can meet by chance and have the time to exchange a few words.”

Heine, the owner of the stall, says that he loves the relaxed atmosphere that the new OZCF Market Day location has.

A significant feature of Moro Gelato is their use of natural ingredients and that is why Heine

thinks markets like this, are important. “The traders are able to explain how their products are made and what ingredients they use. This is important for many people who have lost faith in the mass produced merchandise available in supermarkets.”



morogelato.co.za



The Little Spanish Kitchen offers an array of authentic Spanish cuisine and specialises in giant Paellas, with all recipes having been passed down through generations.

.....
"Customers are becoming more and more aware of the importance of making the effort to eat right and that is why I feel that the OZCF Market Day is growing towards its goal."
.....

When asked who shops at the OZCF and why, Maria, the owner of the stall, says "it is generally the conscious consumer who cares about their body. It may be easier to pop into the local supermarket, however these people are willing to drive a little bit further to ensure that they are eating right and I respect that."



littlespanishkitchen.com



At the centre of the market lies the official representative of the Oranjezicht Farm selling fruits, vegetables, flowers and much more.

“People shop here because the vibe is right, the products are held to a high standard, everything is extraordinarily tasty, and, of course, it just beats a Saturday afternoon in line at a supermarket.”

An assistant at the OZCF stall, Beth, enjoys the new location of the market for many reasons. “I enjoy the idea of having a farm stand so close to the sea because it represents the richly diverse agricultural sphere that the Cape Town area dwells within.

It seems like you can grow just about anything here and I think the new location shows how you can bring together diverse shoppers to support a diverse selection of locally produced goods.”



ozcf.co.za

Hello Neighbour

01 Green Point Cycle Lane

A mere 5 steps to hop on your bike and cruise through vibrant Green Point. No matter the time of day, there is always something happening, even when you're pedalling around doing nothing.

02 MyCiTi Bus Stop

With busses running frequently anywhere from Big Bay to Camps Bay, you can easily make a day of exploring Cape Town. Simply load some Randelas onto your MyConnect card, and swipe your way on and off the MyCiTi bus as you make your way across your city.

03 Main Road Park

Take the dogs for a stroll and escape the sun underneath the enormous trees populating this little strip of nature nestled between two roads. Keep Korben on a leash though – if you're not planning on chasing him along Somerset Road.

04 Giovanni's Deliworld

Come for a delicious deli panino, stay for some of the best coffee in town and then take away a little bit of everything Mediterranean from Giovanni's Deliworld virtually right on your doorstep.

05 El Burro & Cabrito

One tequila, two tequila, three tequila, more. Cabrito is the cool, laid-back downstairs amigo of El Burro – Green Point's local Mexican joint. Have a margarita before heading upstairs to tuck into an authentic Mexican feast. Arriba!

06 Green Point Stadium

Soak up the atmosphere over the 1830 steps from your front door to Green Point Stadium on event days, revelling in newly made memories, singing the songs of your favourite artist or celebrating an epic win.

07 Atlantic Athletic Club

Whether you're the Weekend Warrior striving for a personal best or just a casual after-work runner pounding the pavement to miss the traffic, the Atlantic Athletic Club is a great place to make a few new running buddies.

08 The Lighthouse

The Lighthouse is the oldest operational lighthouse in South Africa and the first solid lighthouse structure on the South African coastline. But more importantly it's a landmark for locals and visitors alike. "Let's meet near The Lighthouse..."

09 Green Point Urban Park

Whether you're chasing a golf ball, the pack of runners ahead of you on a Saturday morning parkrun, or just your kids around the jungle gyms, the Green Point Urban Park is a hive of activity any time there is sunshine to be soaked up.

10 The Creamery Café

Tucked down a side street, just off Beach Road, The Creamery Café serves handmade ice-cream and stays open until late – perfect for that late-night sugar fix. If it's on offer, ask for the milk tart ice-cream. Thank us later.

11 The Promenade

Everyone and their dog loves "The Prom". There is no shortage of things to do, and if the activities don't leave you breathless, one of Cape Town's most Instagrammed views certainly will.

12 Outdoor Gym

Cape Town's gym with a view is ideal for both the young and the young at heart. And at just under 1000 steps from home, the promenade's outdoor gym lets you go from lunge to lunch in minutes.

13 The Buzbey Grill

Having been around for more than 20 years, The Buzbey Grill is considered to serve the best steaks in Cape Town by regulars and new friends alike. But don't just take our word for it, the sheer number of revellers flocking to Buzbey's should tell you a thing or two.

14 La Vie Café & Bar

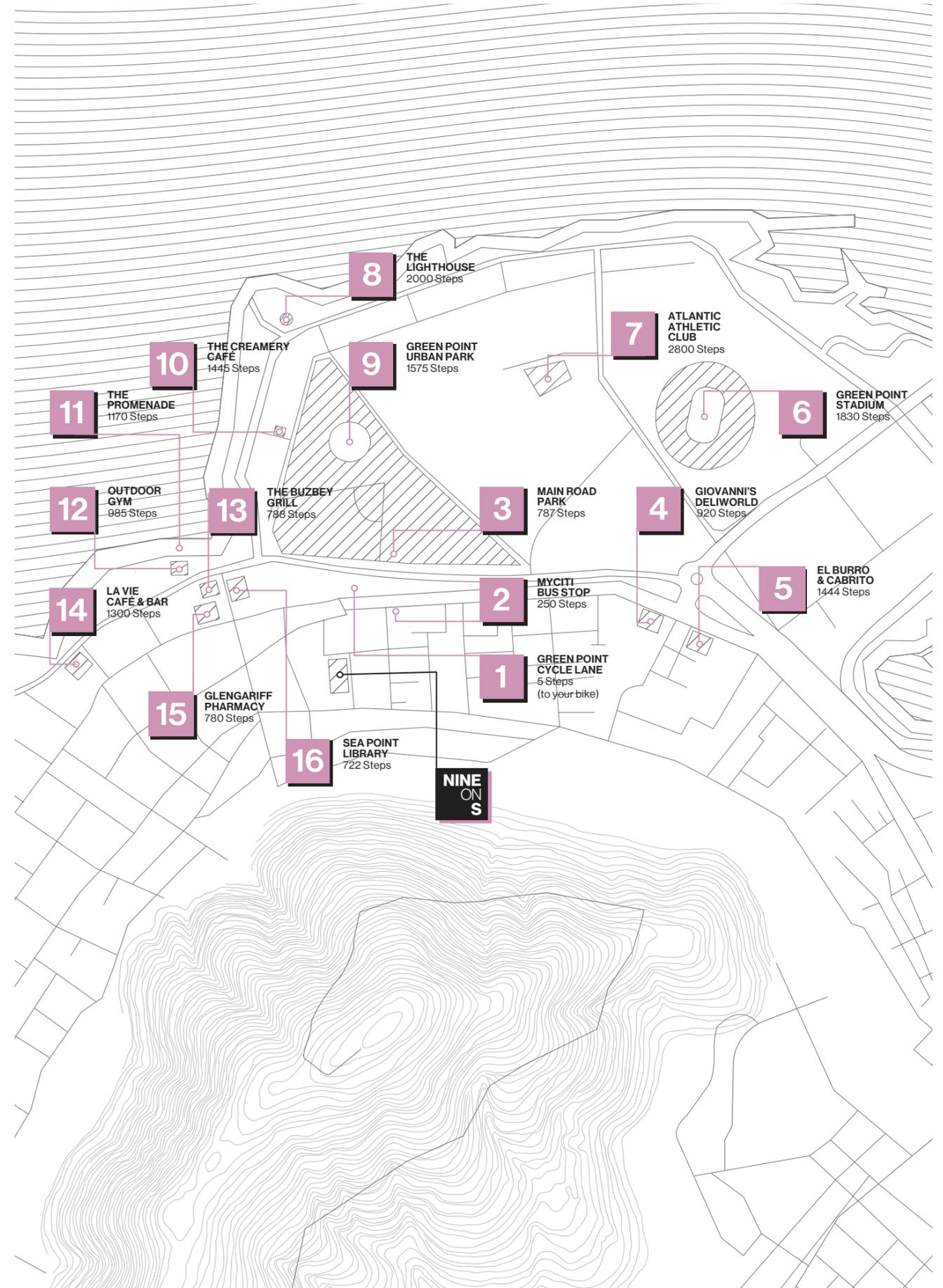
With its stunning view, great food and ice-cold beers on tap, La Vie is perfect for those summer nights that start out as a sundowner and turn into a late dinner.

15 Glengariff Pharmacy

780 steps from your front door and just up the road from the promenade, the conveniently located Glengariff Pharmacy has you covered from sunburn to heartburn.

16 Sea Point Library

Guaranteed to never crack when dropped, run out of battery or require a WiFi connection to update, a book from the Sea Point library can sweep you off your feet taking you to far-off lands for an adventure.



Rediscover the neighbourhood & yourself.





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Exhibition Space: 51 Regent Road, Sea Point, Cape Town

Instagram: [@blokliving](https://www.instagram.com/blokliving) Twitter: [@BlokLiving](https://twitter.com/BlokLiving) Blog: www.blok.co.za/blog

